

# Things to do



Week start date:

Week end date:

## My goals for this week

Handwriting practice lines for goals.

## The tasks I need to complete to achieve my goals

Task

Time allocated

Day due

Table with columns for Task, Time allocated, and Day due. Includes multiple rows for task entry.



Stay hydrated



Remember breaks



Get outside



Schedule time for ME

My end of week reward:

Handwriting practice lines for end of week reward.



**maida**learning  
your practice friend, from start to end